

Parenting a Teen Girl: A Crash Course on Conflict, Communication and Connection with Your Teenage Daughter

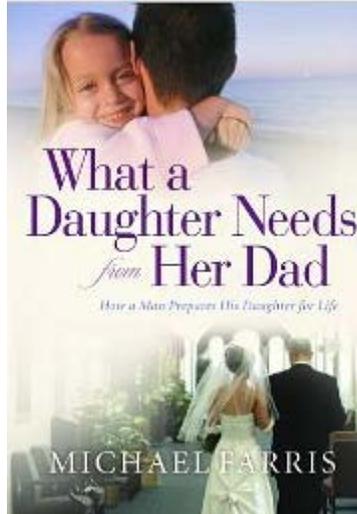
By Lucie Hemmen PhD

Parenting a Teen Girl is a guide for busy parents who want bottom-line information and tips that make sense—and work. It also offers scripts to improve communication, and exercises to navigate stressful interactions with skill and compassion. Whether your teen girl is struggling with academic pressure, social difficulties, physical self-care, or technology overload, this book offers practical advice to help you connect with your teen girl. Parents and teens alike can enjoy a positive connection once common parent-teen pitfalls are replaced with solid understanding and strategies that work.

In this book, you will learn how to:

- Maximize your teen’s healthy development
- Understand what underlies her moods and behavior
- Implement strategies for positive results
- Communicate effectively about difficult issues
- Enjoy and appreciate time with your teen daughter

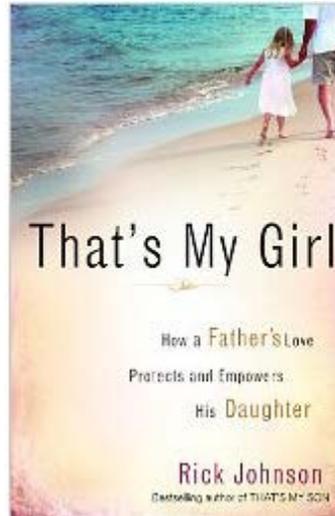
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**What a Daughter Needs From Her Dad: How a Man Prepares His Daughter for Life
By Michael Farris**

This powerful and important book encourages and guides men in becoming the dads they want to be. A father of six daughters, Michael Farris addresses issues common in all families with daughters: friends, dating, personal appearance, and preparing for the roles she'll have as a woman. Filled with personal insights, biblical perspective, and practical tips, *What a Daughter Needs From Her Dad* challenges fathers with the unique opportunity to train daughters for life's challenges--in ways that only a dad can. With the time-tested principles provided here, dads can help their daughters realize their God-given potential.

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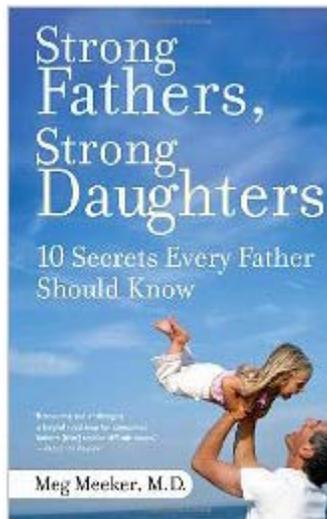


**That's My Girl: How a Father's Love Protects and Empowers His Daughter
By Rick Johnson**

A father impacts every aspect of his daughter's life--for her entire life. Fathers model for their daughters how women should be treated, how men should act, and how a man shows healthy love and affection toward a woman. And, perhaps most importantly, he sets the standard for how his daughter feels she deserves to be treated by men. It's plain to see that this is a big responsibility and one that is not always easy to carry out.

In *That's My Girl*, parenting expert Rick Johnson shows men how to develop the close relationships with their daughters that they both crave. Rick's plainspoken common sense, wisdom, and humor meets dads right where they are with stories and advice that will change their relationships with their daughters for life.

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**Strong Fathers, Strong Daughters: 10 Secrets Every Father Should Know
By Meg Meeker**

In today's increasingly complicated world, it's often difficult for parents to connect with their daughters—and especially so for fathers. In this unique and invaluable guide, Dr. Meg Meeker, a pediatrician with more than twenty years' experience counseling girls, reveals that a young woman's relationship with her father is far more important than we've ever realized. To become a strong, confident woman, a daughter needs her father's attention, protection, courage, and wisdom. Dr. Meeker shares the ten secrets every father needs to know in order to strengthen or rebuild bonds with his daughter and shape her life—and his own—for the better. Inside you'll discover:

- the essential virtues of strong fathers—and how to develop them
- the cues daughters take from their dads on everything from self-respect to drugs, alcohol, and sex
- the truth about ground rules (girls do want them, despite their protests)
- the importance of becoming a hero to your daughter
- the biggest mistake a dad can make—and the ramifications
- the fact that girls actually depend on their dads' guidance into adulthood
- steps fathers can follow to help daughters avoid disastrous decisions and mistakes

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